

# SHENANDOAH VALLEY BICYCLE CLUB NEWSLETTER

JANUARY, 1987

## JANUARY MEETING: ANNUAL POTLUCK SUPPER AND SLIDESHOW

The January meeting will be our Annual Potluck Supper and Slide Show, traditionally an evening of fine dining and entertainment. Bring a dish to share and beverages/utensils for yourselves, and some of your favorite slides. We'll have a carousel projector and screen; all slides welcome. Officers will give an overview of the year's activities, etc., and suggestions will be solicited for next year's business. Come early, 6:00 PM, MONDAY, JANUARY 12, VALLEY WELLNESS CENTER. See you there!

## SECOND ANNUAL SUPER SUNDAY MOUNTAIN BIKE RALLY

Coming Sunday, January 25, 1987! Ease your conscience ('cause you know you're gonna sit in front of the TV all evening) by getting a little exercise in the morning. Let's try the Reddish Knob-to-Union Springs ride once again. We didn't make it too far last year due to snow. This mountain bike ride will last approximately four hours; dress appropriately, carry water and something to munch. This will be a congenial pace with regrouping. Route not recommended for beginners. Meet at the entrance to Hillendale Park, 10 AM (sharp) for group carpooling to near Briery Branch Gap. Ride Leader: Sue Rippey (H) 433-3017, (W) 568-3960 for information. All weather conditions GO, with the exception of sleet or rain. BE THERE OR BE SQUARE!

## THIRD ANNUAL CROSS-COUNTRY SKI WEEKEND

While your wheels rest quietly in the garage for the winter, your "boards" cry out to be waxed and mounted. Yes, once again it's time for the annual Cross Country Ski Weekend in West Virginia. For those of you who have never tried this wonderful sport, this is an excellent opportunity to enjoy a casual day tour with good friends.

Cross country skiing is not difficult--if you can walk, you can ski (take it from someone who has occasional problems with the former). If you do not own your own equipment, it can be rented at either White Grass Touring Center or the Blackwater Falls Touring Center, both near Davis, WV (home of the Canaan Mountain Series). Rental fees for waxless skis, boots and poles for two days is less than \$25. Skiing is on groomed and backcountry trails in the Davis/Canaan Valley area. White Grass, a private center, also charges a trail fee (last year it was \$4/day for adults--a steal compared to \$25/day lift-tickets!)

A tentative date of the weekend of February 13-15 has been set, but if enough people would like to move the date, we can do that. Be aware, however, that lodging in the Canaan Valley area

is somewhat limited, so plan to make reservations EARLY, as in RIGHT NOW. We (Mario "Woody" Dennis and Mur "Waxless" Dennis) plan to drive up Friday after work (100 miles; two hours), and will return Sunday evening.

Lodging options: Canaan & Blackwater Lodges: 1-800-624-8632  
Oriskany Inn: (304)866-4514  
Pendeltonheim Condos: (304)259-5101

Last year we stayed at the Pendeltonheim, which is a nice little condo complex on the edge of Davis. Each condo sleeps four, has a shower, kitchenette, and is very reasonably priced, we thought. There aren't that many "fine" restaurants in the area, and we did potluck spaghetti the first evening.

If you're interested in going, contact Mario and Mur Dennis (434-3521) as soon as possible. You're on you own with respect to lodging, but once everyone is accounted for, we can plan to get together for dinner, skiing and general hilarity. One last word--this is a family event, so bring the kids. Kids love cross country skiing, and are often better at than their parents!



**THE NANDOAH**  
**VALLEY BICYCLE CLUB**

P.O. BOX 1014  
HARRISONBURG, VA 22801

**SVBC  
MEETING:**

POTLUCK DINNER & SLIDE SHOW  
MON., JAN. 12 6:30  
VALLEY WELLNESS CTR.

ART & KATHY FOVARGUE  
210 MONUMENT ST.  
HARRISONBURG, VA 22801

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MARK'S BIKE SHOP GENEROUSLY CONTRIBUTES  
TO THE COST OF THE SVBC NEWSLETTER  
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